

# Dog Food

# Recipes

## How to Create

## Homemade

## Pet Food

**Authored by: Worlds' Top Dog Food Experts**

**Compiled by: <http://www.dogfood-recipes.com>**

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# Table of Contents

Congratulations! .....	2
Your Rights.....	3
Table of Contents.....	4
How to Make Homemade Dog Treats .....	6
Steps.....	<b>Error! Bookmark not defined.</b>
How to Make Cream Cheese and Honey Treats for Your Dog .....	8
Ingredients.....	8
Things You'll Need .....	8
Steps.....	8
Hot Tip.....	8
How to Make Apple Crunch Pupcakes .....	9
Ingredients.....	9
Steps.....	9
Things You'll Need .....	9
How to Make Baby Beef Dog Treats.....	10
Ingredients.....	10
Steps.....	10
Tips .....	10
Things You'll Need .....	10
How to Make Banana, Peanut and Yogurt Dog Treats .....	11
Ingredients.....	11
Steps.....	11
Tips.....	11
Warnings .....	11

Things You'll Need .....	11
How to Make Cheesy Bacon Biscuits for Dogs.....	12
Ingredients.....	12
Steps.....	12
Things You'll Need .....	12
How to Make Cheesy Dog Biscuits .....	13
Ingredients.....	13
Steps.....	13
Things You'll Need .....	13
How to Make Healthy Dog Treats .....	14
Ingredients.....	14
Things You'll Need .....	14
Steps.....	14
Tips .....	14
Warnings .....	14
How to Make Dog Treats .....	15
Ingredients.....	15
Recipe 1 (Meat flavour): .....	15
Recipe 2 (Cheese & garlic flavour) .....	15
Recipe 3 (Whole wheat flavour).....	15
Steps.....	15
Tips .....	16
Warnings .....	16
Things You'll Need .....	16
How to Make Homemade Dog Food Topping .....	17

## How to Make Homemade Dog Treats

Homemade Dog Treats --- happy dogs, happy humans! Dogs love treats, but excellent ones are very hard to find, and the true Organic ones are way too spendy for someone with many dogs! These are super easy to make (tho they take some time), and you feel good about feeding them all natural, organic treats!

### Ingredients

- 1 cup rolled oats
- 1 1/2 - 2 cups Beef or Chicken Broth
- 1-2 cups grated cheese
- 1 egg, beaten
- 1 cup wheat germ
- 1 cup wheat bran
- 1/2 cup Soy *Flour*
- 1/4 cup olive oil
- 1/2 cup powdered milk
- 1/4 tablespoon salt
- 1 cup cornmeal (blue corn meal is great, too)
- 3 or more cups flour

### Directions

1. Preheat oven to 300 F.
2. In your food processor, mix together all the ingredients except the flour. When it is completely mixed, start adding the flour a little at a time. Knead 3 or 4 minutes, adding more flour if necessary to make a very stiff dough.
3. Grease a large baking sheet, place a big ball of dough in the center, and start rolling out with a rolling pin, until about 1/4-1/2 inch thick.
4. Bake for 1 hour at 300 degrees. Turn off heat and leave in oven for 1 1/2 hours or longer.
5. Know that if the dough is too thick, it will not get as crispy, and the treats may go bad faster. You could turn the entire sheet of treats over and let the bottom side dry out well too.
6. Makes approximately 2 1/4 pounds. Store in an airtight container

### Storing

1. Store dog treats the same way you would homemade people cookies. The amount and type of fat in the recipe and your local weather conditions can make a big difference in storage method.
2. Know that if your recipe uses fats such as butter, or meat bits or juices then you might want to store the spares in the fridge or even the freezer.
3. Keep a good supply in the Doggie Cookie Jar on the counter and refill from the ones stored.

### Refrigeration and Freezing

1. Understand that refrigeration will prolong the life of more fragile dog treats. Make sure to store in a tightly sealed container. If you have friends who eat Shaklee Instant Protein etc, ask for their spare containers; they are amazing for storing homemade dog treats in the fridge!
2. Also use things called Lock N Lock containers, which are flatter and square, and are more efficient for freezer space.
3. Know that some dogs love frozen treats, the way some love eating ice cubes. So for a special treat, especially in the hot weather, a frozen homemade dog treat can be a real plus!

### Tips

- Use a variety of Flours. Quinoa, Amaranth, Rice, Barley, Wheat or whatever suits you, and whatever your Health Food Store has. You can change the 'formula' any time!
- You should usually double the recipe because the Organic Broth comes in 4 cup (quart) boxes.
- You can find other recipes for homemade dog treats online, or make up your own.
- Give organic homemade dog treats as gifts to friends; for their dog's birthdays, for holidays, or just for fun! Everyone really appreciates them.
- You can find all the ingredients at any health food store. Make several batches and store them so that you need do the work once every couple of months.

### Warnings

- These are so delicious that even your family will be trying to eat them too!

## How to Make Cream Cheese and Honey Treats for Your Dog

Learn how to make cream cheese and honey dog treats, a sweet but healthy biscuit for your pet. Easy to make and enjoyable for your dog.

Ingredients	Things You'll Need
<ul style="list-style-type: none"><li>• 3 1/3 C whole-wheat flour</li><li>• 7 oz cream cheese, softened</li><li>• 1/2 C (4 oz) chicken stock or water</li><li>• 4.3 oz (8.6 Tbsp) honey</li><li>• 1 egg</li><li>• 1.5 oz (3.3 Tbsp) vegetable oil</li><li>• 1 tsp pure vanilla extract (optional - disturbs some dogs)</li><li>• 1 Tbsp butter</li></ul>	<ul style="list-style-type: none"><li>• 1 bowl</li><li>• 1 freezer bag</li><li>• 1 rolling pin</li><li>• some biscuit cutters</li><li>• 1 baking tray</li><li>• plate</li></ul>

### Steps

1. **Combine the ingredients.** In a bowl, combine whole-wheat flour, chicken stock or water, vegetable oil, softened cream cheese, honey, egg and teaspoon of pure vanilla extract.
2. **Mix together.** Use your hands to mix until the ingredients have combined to form a dough.
3. **Roll the dough.** Roll out the dough to the thickness you desire and cut out as many biscuits as you can being careful not to waste too much of the dough. Larger dogs will prefer larger, thicker biscuits with a more satisfying crunch, whereas smaller dogs won't be able to fit their jaws around big biscuits.
4. **Bake.** Grease a baking tray with a little butter. Lay the biscuits on the tray and place in a preheated moderate oven (350°F) for 10 to 15 minutes until golden brown.
5. **Allow to cool.** Remove the treats from the oven then put the treat on the plate and then allow them to cool at room temperature.
6. **Serve.**

### Hot Tip

If you don't want to make a big batch of biscuits now, take as much as you need and place the rest in a freezer bag and freeze. This will keep for about 2 months.

## How to Make Apple Crunch Pupcakes

Your dog will *love* these! This is a great way to get a variety of healthy nutrients into your dog's diet. And what better way than giving your pooch treats that you know are healthy?!

### Ingredients

- 2 3/4 cups water
- 1/4 cup unsweetened applesauce
- 2 tablespoons honey
- 1 medium egg
- 1/8 teaspoon vanilla extract
- 4 cups whole wheat flour
- 1 cup apple, dried
- 1 tablespoon baking powder

### Steps

1. Preheat oven to 350°F.
2. In a small bowl, mix together water, applesauce, honey, egg, and vanilla.
3. In a large bowl, combine flour, apple chips, and baking powder.
4. Add liquid ingredients to dry ingredients and mix until very well blended.
5. Pour into greased muffin pans.
6. Bake 1 1/4 hours, or until a toothpick inserted in the center comes out dry.
7. Store in a sealed container.

### Things You'll Need

- Small bowl
- Large bowl
- Mixing implement
- Muffin pans
- Toothpick
- Airtight container

## How to Make Baby Beef Dog Treats

This recipe is flavored using beef (or other flavored) baby food.

### Ingredients

- 2 3/4 cups whole wheat flour
- 1/2 cup powdered milk
- 1 teaspoon salt
- 1/4 teaspoon garlic powder
- 1 egg
- 6 tablespoons vegetable oil
- 8-10 tablespoons water
- 2 small jars strained baby food (beef, chicken, lamb, or liver)

### Steps

1. Preheat your oven to 350°F.
2. Mix all the ingredients together in a large bowl. Knead for about 3 minutes.
3. Roll out to 1/2 inch thick. Cut with bone-shaped cookie cutter and place biscuits on an ungreased baking sheet.
4. Bake in preheated oven for 20 to 25 minutes.

### Tips

- Makes approximately 2 dozen doggie biscuits.

### Things You'll Need

- Large bowl
- Mixing implement
- Rolling pin and clean surface
- Bone-shaped cookie cutter
- Baking sheet

## How to Make Banana, Peanut and Yogurt Dog Treats

On a hot summer's day, your dog might pant and sweat. You know that your dog is taking the heat, so make these frozen Puppy-sicles to cool them off, made from all natural ingredients found around the house.

### Ingredients

- 2 mashed bananas
- 32oz low-fat or no-fat yogurt
- 2 tbsp honey
- 1/2 up peanut butter

### Steps

1. Combine together yogurt, mashed bananas, peanut butter, and honey in a large-ish bowl. Make sure you don't under-mix, or your pooch might get an all- peanut butter pop.
2. Pour into 3-oz dixie cups; 10 or 12 is good for starters. If your dog is smaller, though, get more cups but fill them only about halfway.
3. Freeze for 2 hours, then pop one out and watch your dog chow down!

### Tips

- Feed these to your dog outside, they can be VERY messy.
- If you're going on a sports diet or something, these can be a great protein drink.

### Warnings

- Do not use any sticks! If you put one in, your dog might swallow it and choke.
- If you want to add stuff, make sure it's safe first. As in, dogs can't eat grapes or chocolate; so ask a vet, or get a list of harmful things for your dog.

### Things You'll Need

- Large bowl
- Mixing implement
- Dixie cups

## How to Make Cheesy Bacon Biscuits for Dogs

Yummy, safe and healthy dog biscuits. These are made with healthy ingredients that humans eat, so you can even nibble them too! All the hooey that vets spout about dog food is, well....hooey. What were dogs fed before the advent of the pet food industry? Scraps of people food, of course. If you're a dog lover and have the time and energy, make your pooch some of these yummy treats. After all, no one loves ya like your dog!

### Ingredients

- 3/4 cup whole wheat flour
- 1/2 tsp baking soda
- 1/2 tsp salt
- 1 stick margarine, softened
- 2/3 cup brown sugar
- 1 egg, slightly beaten
- 1 1/2 tsp vanilla
- 1 1/2 cups regular oats, uncooked
- 1 cup (4 oz) shredded cheddar cheese
- 2/3 cup wheatgerm
- 1/2 lb bacon, cooked crisp, drained, and crumbled

### Steps

1. Combine flour, soda and salt; mix well and set aside.
2. Cream butter and sugar; beat in egg and vanilla.
3. Add flour mixture, mixing well. Stir in remaining ingredients.
4. Drop dough by rounded teaspoons onto ungreased baking sheets.
5. Bake at 350°F/180°C for 16 minutes.
6. Cool on baking sheet for a minute or so before removing to cooling rack.

### Things You'll Need

- Mixing bowl
- Mixing spoon
- Baking sheets
- Wire cooling rack

## How to Make Cheesy Dog Biscuits

These are pooch approved. There is nothing better than making homemade treats for dogs from wholesome and nutritious ingredients.

### Ingredients

- 1 1/2 cups whole wheat flour
- 1 1/4 cups grated cheddar cheese
- 1/4 pound margarine — corn oil
- 1 clove garlic — crushed
- 1 pinch salt
- 1/4 cup milk — or as needed

### Steps

1. Grate the cheese into a bowl and let stand until it reaches room temperature.
2. Cream the cheese with the softened margarine, garlic, salt and flour. Add enough milk to form into a ball.
3. Chill for 1/2 hour.
4. Roll onto floured board. Cut into shapes and arrange on a baking sheet.
5. Bake at 375°F for 15 minutes or until slightly brown, and firm.
6. Makes 2 to 3 dozen, depending on size.

### Things You'll Need

- Bowl
- Mixing implement
- Floured board
- Cookie cutters (look for dog-relevant shapes)
- Baking tray/sheet

## How to Make Healthy Dog Treats

Dog treats found in stores can be filled with empty carbs and chemicals. If you want a healthy treat for your dog, here is a simple recipe to make 36 Banana Pupcakes.

Ingredients	Things You'll Need
<ul style="list-style-type: none"><li>• 1 1/2 cups oatmeal</li><li>• 1 1/2 cup whole wheat flour</li><li>• 1 teaspoons of baking powder</li><li>• 2 bananas</li><li>• 1 teaspoon vanilla</li><li>• 3 teaspoons honey (optional)</li><li>• 2 cups water</li><li>• 1 bowl of dry yeast</li></ul>	<ul style="list-style-type: none"><li>• blender</li><li>• bowl</li><li>• spoon</li><li>• 36 mini muffincups</li></ul>

### Steps

1. Pre-heat oven to 350 degrees .
2. Grease 36 mini-muffin cups.
3. Use a blender to grind oatmeal into a powder. Mix oatmeal, whole wheat flour and baking powder in a small bowl.
4. Place bananas, vanilla and honey in blender, process, add water slowly.
5. Pour liquid mixture gradually into bowl of dry yeast.
6. Spoon batter into prepared pan, filling cups to the rim.
7. Bake until done, approximately 20-25 minutes.
8. Transfer muffins to a wire rack to cool.

### Tips

- If you use an aluminum pan, the muffins will bake faster than in a darker metal pan.
- Check muffins after baking 15 minutes. The muffins are small. Depending on your oven, they may be done baking in 15-20 minutes.
- Refrigerate or freeze pupcakes so they'll last longer.

### Warnings

- Allow pupcakes to cool before tossing one to your dog.
- Pupcakes are treats! Don't over-indulge your four-legged friends. One or two pupcakes a day for a small dog or four for a large dog is plenty.
- You can use regular flour, but whole wheat is recommended.

## How to Make Dog Treats

Have you been wondering how to celebrate your dog's birthday? Or have you ever wondered what's in dog treats? Make them yourself! Here are three recipes that dogs love.

<p><b>Ingredients</b></p> <p><b>Recipe 1 (Meat flavour):</b></p> <ul style="list-style-type: none"><li>• 1 1/4 cups flour</li><li>• 1/4 cup olive oil</li><li>• 1/2 cups milk</li><li>• 1 hot dog</li><li>• 2-4 pieces of ham or turkey (or both)</li><li>• Bacon grease (optional)</li></ul> <p><b>Recipe 2 (Cheese &amp; garlic flavour)</b></p> <ul style="list-style-type: none"><li>• 1 1/2 cups whole wheat flour</li><li>• 1 1/4 cup grated cheddar cheese</li><li>• 1 clove garlic, peeled &amp; crushed</li><li>• 4 tablespoons butter</li><li>• pinch salt</li></ul>	<p><b>Recipe 3 (Whole wheat flavour)</b></p> <ul style="list-style-type: none"><li>• 2 1/2 cups whole wheat flour</li><li>• 1/4 cup wheat germ</li><li>• 1/4 cup milk</li><li>• 1 clove garlic, peeled &amp; crushed</li><li>• 4 tablespoons butter</li><li>• 1 egg, beaten</li></ul> <p>1 tablespoon molasses</p>
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## Steps

1. Steps for Recipe 1:
2. **Pre-heat oven** to 275 degrees.
3. **Mix flour and oil.** Pour flour into a bowl along with 1/4 cup olive oil. Stir well.
4. **Add milk.** Pour milk in. Immediately mix until blended. Set aside.
5. **Cut up the meat.** Use a knife to cut meat into small bit-size pieces.

6. **Add meat to mixture.** Throw the meat into bowl and stir until each piece of meat is well blended in.
7. **Form treats.** Drop spoonfuls of dough on a cookie sheet (this can be orderly or not) and put in oven for 14 minutes (more, less) or until lightly browned.
8. **Add "frosting"!** If you have bacon grease, use a pastry brush and brush over treats with bacon grease.
9. Steps for Recipes 2 & 3:
10. **Mix the ingredients,** leaving the milk for last. Add enough milk to form a dough.
11. **Chill the dough** in the refrigerator for 30 minutes.
12. **Pre-heat the oven to 375F.**
13. **Roll and cut.** Roll out the dough on a surface dusted with flour, until it is about 1/2" thick. Cut the dough into shapes of a size that is appropriate for the size of your dog's mouth.
14. **Bake.** Put the treats on a greased cookie sheet and bake at 375F for about 15-20 minutes. Don't let them burn.
15. **Enjoy!** Store treats in a dog-proof container!

### Tips

- For Recipe 1, if your dog loves cheese, melt 2 string cheeses in a bowl and pour on top of the treats, then bake as usual.
- The garlic sounds odd as an ingredient, but the dogs like it, and it doesn't seem to make their breath smell bad.

### Warnings

- Recipe 1 can be real messy and sticky.

### Things You'll Need

- Cutting board
- Bowl
- Knife to cut
- Cookie sheet (or something to bake on)
- Pastry brush

## How to Make Homemade Dog Food Topping

This topping is easy to prepare and your dog will absolutely love it! Add 3 or 4 heaping tablespoons to your pet's dry or canned food at each meal. Or, make your dog's meal using regular food and half topping for weight loss.

### Ingredients

- 1 3/4 lbs. boneless, skinless chicken breasts (approx. 4 medium-sized breasts)
- 7x 14-1/2 oz. cans of cut green beans, drained (regular or low-sodium)
- 1x 15-1/4 oz. can of whole kernel corn, drained

### Steps

1. **Trim any excess fat and gristle from the chicken and discard.**
2. **Place chicken** in an 8-quart stockpot, add 1 cup of fresh cool water, cover and simmer on low heat until cooked through (approx. 45 minutes).
3. **Remove chicken** from the pot (reserving liquid) and dice into bite-sized pieces.
4. **Set aside.**
5. **Layer** half the green beans, half the chicken and half the corn into the liquid in the stockpot, then repeat.
6. **Stir gently** until well mixed.
7. **Return pot to low heat** for approx. 20 minutes, or until mixture is thoroughly heated.
8. **Allow to cool.**
9. **Place mixture** in lidded plastic storage containers and refrigerate for up to 2 weeks.
10. To really pamper your dog, **try warming the topping** in the microwave before serving.

### Tips

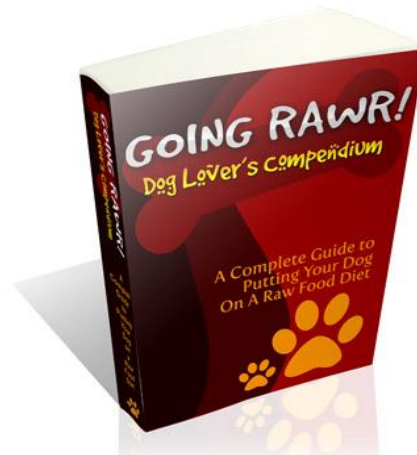
- Variation:
- Substitute boneless, skinless chicken thighs for breasts. Also try a can of peas and/or carrots instead of corn.

## Recommended Resources for Dog Lovers:

### Going RAW –Dog Lover’s Guide

A complete Guide to Putting Your Dog On A Raw Food Diet is highly recommended for anyone before putting his or her dog on RAW food.

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